

# Royal Oak Spa Koramangala Professional Care

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Royal Oak Spa Koramangala offers a calm and well-maintained environment designed for complete relaxation. The interiors are clean, organized, and thoughtfully arranged to create a peaceful atmosphere. Soft lighting and soothing aromas help reduce stress from the moment you enter. Every treatment room is prepared to maintain privacy and comfort throughout the session. The space is designed to support both physical relaxation and mental calm. Visitors can unwind away from daily noise and pressure. The spa provides a range of professional therapies performed by trained staff. Each session is tailored to release muscle tension and improve overall well-being. Therapists focus on technique, consistency, and client comfort during the treatment. High-quality oils and products are used to enhance the experience. The services aim to support circulation, flexibility, and recovery from fatigue.

**Address :-** Shop No. 11, 2nd Floor, KHB Colony, 5th Cross Rd, opposite Khadim Showroom, 6th Block, Koramangala, Bengaluru, Karnataka 560095.

## **SOCIAL LINK :**

<https://www.facebook.com/profile.php?id=61567709064410>

<https://www.instagram.com/royaloakspakoramangala/>

[https://x.com/royaloakspa\\_kor](https://x.com/royaloakspa_kor)

<https://www.linkedin.com/in/royal-oak-spa-koramangala-a99337334/>

<https://www.youtube.com/@royaloakspakoramangala/>

<https://in.pinterest.com/vipspakoramangala/>

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# **OIL MASSAGE**

**ESSENTIAL OILS ARE DILUTED BEFORE BEING APPLIED TO THE SKIN. DURING THE MASSAGE, YOU WILL RECEIVE A FULL BODY MASSAGE WHILE INHALING ESSENTIAL OILS THROUGH THE DIFFUSER AND ABSORBING THEM THROUGH THE SKIN**



# COUPLE MASSAGE

A COUPLES MASSAGE IS LIKE ANY OTHER MASSAGE, BUT YOU AND YOUR PARTNER ARE MASSAGED AT THE SAME TIME, ON SEPARATE TABLES, BY TWO DIFFERENT MASSEUSES. MASSAGES ARE USUALLY GIVEN IN PRIVATE ROOMS ON MASSAGE TABLES PLACED SIDE BY SIDE



# FOUR HAND MASSAGE

FOUR HAND MASSAGE FOCUSES ON THE MUSCLES OF THE HAND. VARIOUS TECHNIQUES ARE USED DURING HAND MASSAGE, SUCH AS RUBBING, TRIGGER POINT SKIN ROLLERS AND ACUPRESSURE. VARIOUS TECHNIQUES ARE USED TO HELP RELIEVE ACUTE PAIN, REDUCE SURGICAL OUTCOMES, INCREASE RELAXATION, AND REDUCE SCARRING.



# SWEDISH MASSAGE

SWEDISH MASSAGE INVOLVES PROLONGED KNEADING MOVEMENTS COMBINED WITH RHYTHMIC TAPPING MOVEMENTS AND JOINT MOVEMENTS. THIS TYPE OF MASSAGE TARGETS THE TOP LAYERS OF THE MUSCLES AND IS DESIGNED TO RELEASE MUSCLE TENSION.



# NURU MASSAGE

NURU MASSAGE IS ONE OF THE BEST MASSAGE SPAS IN INDIA, SPECIALIZING IN A VARIETY OF BODY MASSAGES, FROM BLUNT BACK AND OIL MASSAGES TO EROTIC AND EXOTIC MASSAGES. EACH MASSAGE IS A UNIQUE BLEND OF SENSES, REST, HEALING AND RELAXATION.



# DEEP TISSUE MASSAGE

DEEP TISSUE MASSAGE IS A MASSAGE TECHNIQUE THAT USES DEEP PRESSURE. A COMBINATION OF SLOW STROKING MOVEMENTS AND PRONOUNCED FINGER PRESSURE IS DESIGNED TO RELEASE TENSION AND TENSION DEEP WITHIN THE MUSCLES AND CONNECTIVE TISSUE. DEEP TISSUE MASSAGE USUALLY FOCUSES ON YOUR MAIN DISCOMFORT AREAS.



# **AROMATHERAPY MASSAGE**

AROMATHERAPY MASSAGE IS A TYPE OF MASSAGE THAT USES ESSENTIAL OILS, HERBS, AND OTHER NATURAL INGREDIENTS TO CREATE AN AROMATIC EXPERIENCE.

AROMATHERAPY MASSAGE IS A GENTLE, HEALING FORM OF TOUCH THAT CAN RELIEVE STRESS AND TENSION, IMPROVE MOOD, AND STIMULATE THE BODY'S NATURAL HEALING PROCESS.

