

# Avantara Spa Vadodara Skilled Service 8976821960



Avantara Spa Vadodara provides a calm and structured environment focused on body relaxation and wellness care. The space is maintained with proper cleanliness and organized setup to ensure a comfortable experience. Each therapy room is designed to support quiet sessions without disturbance. The overall atmosphere helps reduce stress and supports mental relaxation. Clients can expect a smooth and well-managed visit from start to finish. The focus remains on delivering consistent and balanced service.

The therapists at Avantara Spa Vadodara are trained to perform different massage techniques with proper attention to comfort. Sessions are conducted with a clear understanding of pressure and body needs. Communication is kept minimal to maintain a peaceful environment during therapy.

**ADDRESS:-** Office No. B-201, Second Floor, Tower-B, K10 Index, Sayajigunj Main Road, Opp. Grand Mercure Surya Palace Hotel, Sayajigunj, Vadodara, Gujarat 390005.

## **SOCIAL LINK :**

<https://www.facebook.com/profile.php?id=61577524837289>

<https://www.instagram.com/avantaraspavadodara/>

<https://x.com/Avantara123>

<https://www.linkedin.com/in/avantara-spa-vadodara-1653903ba/>

<https://www.youtube.com/@AvantaraSpaVadodara>

<https://in.pinterest.com/avantaraspav/>

—

# **OIL MASSAGE**

**ESSENTIAL OILS ARE DILUTED BEFORE BEING APPLIED TO THE SKIN. DURING THE MASSAGE, YOU WILL RECEIVE A FULL BODY MASSAGE WHILE INHALING ESSENTIAL OILS THROUGH THE DIFFUSER AND ABSORBING THEM THROUGH THE SKIN**



# COUPLE MASSAGE

A COUPLES MASSAGE IS LIKE ANY OTHER MASSAGE, BUT YOU AND YOUR PARTNER ARE MASSAGED AT THE SAME TIME, ON SEPARATE TABLES, BY TWO DIFFERENT MASSEUSES. MASSAGES ARE USUALLY GIVEN IN PRIVATE ROOMS ON MASSAGE TABLES PLACED SIDE BY SIDE



# FOUR HAND MASSAGE

FOUR HAND MASSAGE FOCUSES ON THE MUSCLES OF THE HAND. VARIOUS TECHNIQUES ARE USED DURING HAND MASSAGE, SUCH AS RUBBING, TRIGGER POINT SKIN ROLLERS AND ACUPRESSURE. VARIOUS TECHNIQUES ARE USED TO HELP RELIEVE ACUTE PAIN, REDUCE SURGICAL OUTCOMES, INCREASE RELAXATION, AND REDUCE SCARRING.



# SWEDISH MASSAGE

SWEDISH MASSAGE INVOLVES PROLONGED KNEADING MOVEMENTS COMBINED WITH RHYTHMIC TAPPING MOVEMENTS AND JOINT MOVEMENTS. THIS TYPE OF MASSAGE TARGETS THE TOP LAYERS OF THE MUSCLES AND IS DESIGNED TO RELEASE MUSCLE TENSION.



# NURU MASSAGE

NURU MASSAGE IS ONE OF THE BEST MASSAGE SPAS IN INDIA, SPECIALIZING IN A VARIETY OF BODY MASSAGES, FROM BLUNT BACK AND OIL MASSAGES TO EROTIC AND EXOTIC MASSAGES. EACH MASSAGE IS A UNIQUE BLEND OF SENSES, REST, HEALING AND RELAXATION.



# DEEP TISSUE MASSAGE

DEEP TISSUE MASSAGE IS A MASSAGE TECHNIQUE THAT USES DEEP PRESSURE. A COMBINATION OF SLOW STROKING MOVEMENTS AND PRONOUNCED FINGER PRESSURE IS DESIGNED TO RELEASE TENSION AND TENSION DEEP WITHIN THE MUSCLES AND CONNECTIVE TISSUE. DEEP TISSUE MASSAGE USUALLY FOCUSES ON YOUR MAIN DISCOMFORT AREAS.



# **AROMATHERAPY MASSAGE**

AROMATHERAPY MASSAGE IS A TYPE OF MASSAGE THAT USES ESSENTIAL OILS, HERBS, AND OTHER NATURAL INGREDIENTS TO CREATE AN AROMATIC EXPERIENCE. AROMATHERAPY MASSAGE IS A GENTLE, HEALING FORM OF TOUCH THAT CAN RELIEVE STRESS AND TENSION, IMPROVE MOOD, AND STIMULATE THE BODY'S NATURAL HEALING PROCESS.

