

7Pranayama

**Address**

Kiran Path, Sector 5, Mansarovar

Contact Person

Manish Sharma

Mobile Number

9887353003

Email

info@7pranayama.com

7 Pranayama is the leading online yoga learning service providing android or iOs Applications and websites. which is provide you with complete information, and the proper yoga learning process at our website and application. With the help of our application, you can keep your body and mind healthy, apart from this, you can also take the right knowledge of what to eat and what not.

Download the award-winning yoga app to build yoga habits using 21 days of yoga and pranayama sequence with a daily reminders. A guided custom-crafted internal body fitness app using yoga and breathing exercise sequence for your body and mind to achieve the ultimate goal.

For more details, please visit <https://www.ibizexpert.com/detail/7pranayama-jaipur-353182>
