

# Best International School Hyderabad | Best Isc Schools In India | Hyderabad Residential Schools

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Abhyasa aims to develop all the faculties of the child to mould him into a complete human being. This involves physical fitness, mental alertness, intellectual capabilities, emotional balance, aesthetic fulfilment, social responsibility and spiritual awareness. Abhyasa aims to enhance the physical quotient of the students by making them physically fit, strong, healthy and dexterous while preparing them for growth and survival in a competitive world. We strive to make them agile and efficient with hard work and effective methods for the achievement of their life objectives. A high physical quotient ensures a strong, perseverant and alert mind so that the basic mental abilities of cognition, concentration, comprehension, recollection, reflection and reflex actions are fine-tuned to further aid higher intellectual processes in the child the following activities are taken up to develop the physical quotient of a student.

For more details, please visit <https://www.ibizexpert.com/detail/best-international-school-hyderabad-best-isc-schools-in-india-hyderabad-residential-schools-greater-hyderabad-352692>

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