

Brahma Kumaris - Meditation and Yoga Centre

**Address**

K-11/26 DLF-2, Gurgaon DLF Phase 2,

Contact Person

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Brahma Kumaris - Anubhuti Bhawan is a spiritual retreat center located in Gurugram, Haryana, India, and is owned by the Brahma Kumaris organization. The center is dedicated to providing a peaceful and tranquil environment for meditation and spiritual development. It is a spiritual movement that promotes self-transformation through meditation and spiritual practices. The organization has centers nationwide and offers various programs and courses on spirituality, meditation, and self-development. Anubhuti Bhawan is one of the largest centers of the Brahma Kumaris organization and offers a range of courses and programs on spirituality and self-development. The center has comfortable accommodation facilities and provides vegetarian meals to the guests. The beautiful gardens and peaceful atmosphere of Anubhuti Bhawan provide an ideal setting for meditation and contemplation. These programs help individuals to develop a deeper understanding of themselves and their inner spiritual journey. The center also offers various workshops and retreats for specific groups, such as youth, professionals, and women.

For more details, please visit <https://www.ibizexpert.com/detail/brahma-kumaris-meditation-and-yoga-centre-gurugram-357216>
