

# MantraFoundation



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MantraFoundation is a non-profit organization dedicated to making mental health support accessible and affordable for all. Our mission is to provide subsidized psychological help, prevent suicides, and offer free mental health resources that impact over 2 million lives. We run a 24/7 phone helpline for emotional support, offer training programs for volunteers and counselors, and connect individuals to trained listeners through our MindMantra chat service. We also run special initiatives like the Suicide Prevention Program and LGBTQ Support Program to ensure no one feels alone in their struggles. Your support can make a difference - consider donating online to help us reach more lives in need.

For more details, please visit <https://www.ibizexpert.com/detail/mantrafoundation-west-delhi-360391>

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