

# Yasa - Centre for Wellness

**Address**

Block B, 9th floor, office no: 01, City Vista building, Fountain road, Ashoka Nagar, Next to dilli Darbar Kharadi

**Contact Person**

Yasa - Centre for Wellness

**Mobile Number****Email**

yasacentreforwellness@gmail.com

- Welcome to Yasa- centre for wellness. We are a team of experienced psychologists, providing affordable therapy. Our goal is to make therapy accessible for specialize in various areas including Relationship conflicts, Couple counseling, Anxiety, depression, Addiction, self-esteem, self-confidence, body positivity, anger management, sexual orientation related issues and more. We take a holistic approach and believe in collaborating with clients to leverage their strengths, tackle challenges and achieve their goals. Therapies we practice: CBT, REBT, DBT, Emotion focused, psychodynamic, solution focused, behavioral therapy and more

For more details, please visit <https://www.ibizexpert.com/detail/yasa-centre-for-wellness-pune-358234>

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